

S17 Stitch Stress Stitch Guide

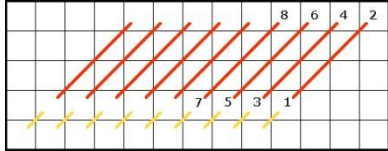
9" x 7" 14 mesh canvas



I'm introducing my first Painted Stitches Sampler. It combines all the ideas of old fashion samplers. "A (needlework) sampler is a piece of embroidery produced as a demonstration or test of skill in needlework. It often includes the alphabet, figures, motifs, decorative borders and sometimes the name of the person who embroidered it and the date." From Wikipedia. Counting blank canvas seemed to be difficult at times. Stitch Your Stress Away has a center saying and the borders are 14 blocks with stitch painted specialty stitches.

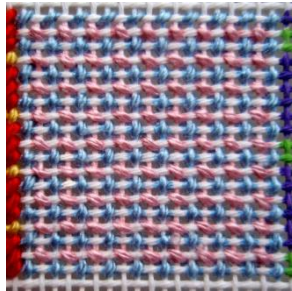
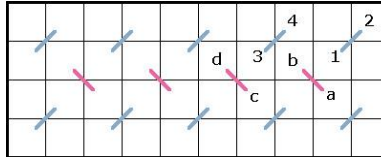
Block 1
Slanted Gobelin Stitch

Vineyard Silk C-006 Tomato
Vineyard Silk C-Crème Brulee



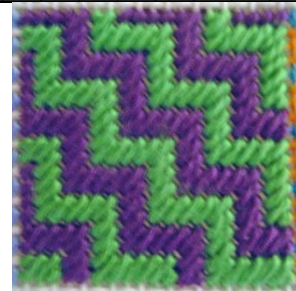
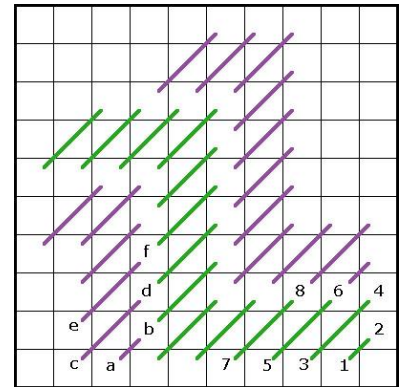
Block 2
T Stitch

Vineyard Silk C-085 Sky
Vineyard Silk C-173 Veil



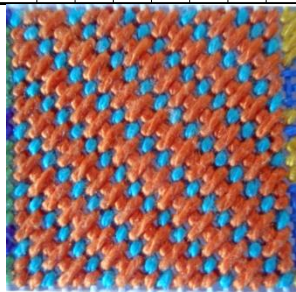
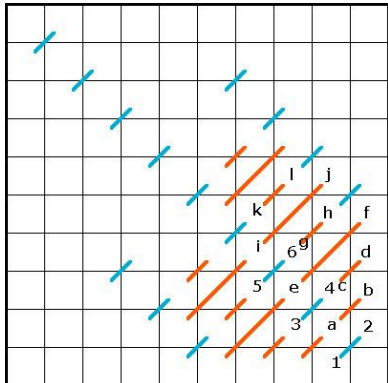
Block 3
Byzantine Stitch

Vineyard Silk C-098 Deep Wisteria
Vineyard Silk C-197 English Ivy



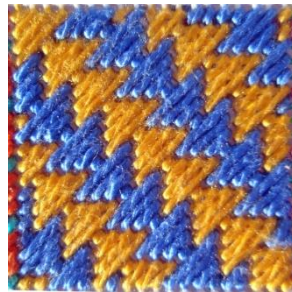
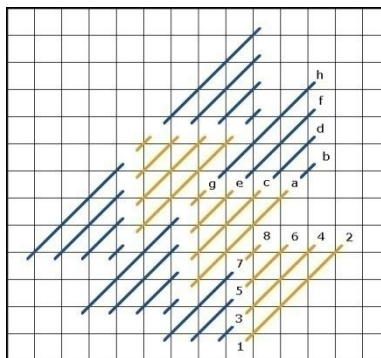
Block 4
Mosaic Stripe Stitch

Vineyard Silk C-026 Nectarine
Vineyard Silk C-077 Aruba



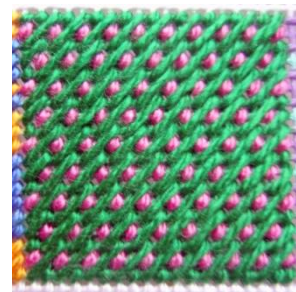
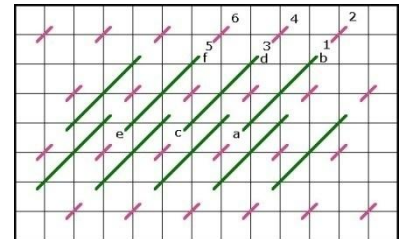
Block 5
Milanese Stitch

Vineyard Silk C-087 Brilliant
Vineyard Silk C-024 Dandelion



Block 6
Nobuko Stitch

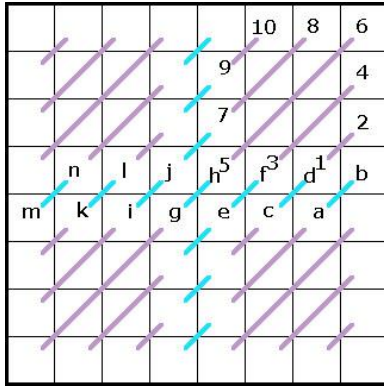
Vineyard Silk C-062 Fern
Vineyard Silk C-174 Hot Pink



Block 7

Framed Scotch Stitch

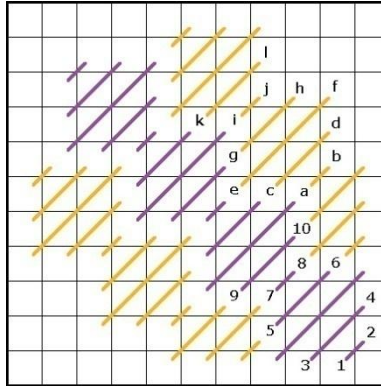
Vineyard Silk C-097 Lavender
Vineyard Silk C-078 Seafoam



Block 8

Diagonal Scotch Stitch

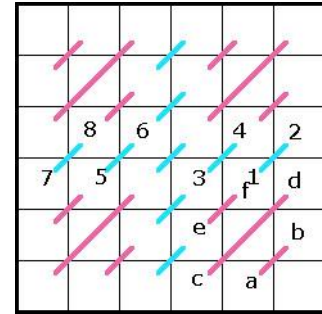
Vineyard Silk C-024 Dandelion
Vineyard Silk C-098 Deep
Wisteria



Block 9

Framed Mosaic Stitch

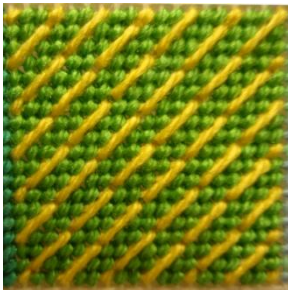
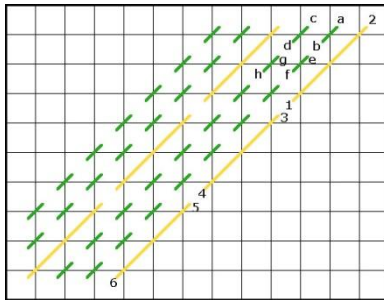
Vineyard Silk C-173 Veil
Vineyard Silk C-077 Aruba



Block 10

Diagonal Stripe Stitch

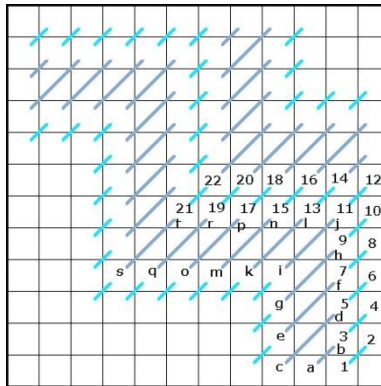
Vineyard Silk C-163 Crème Brulee
Vineyard Silk C-197 English Ivy



Block 11

Jacquard Stitch

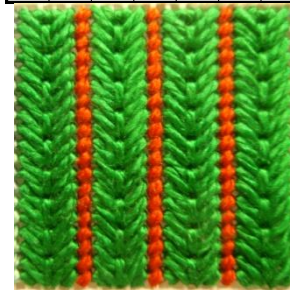
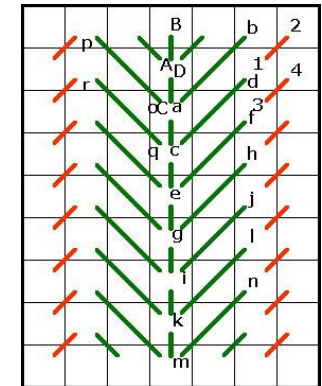
Vineyard Silk C-078 Seafoam
Vineyard Silk C-085 Sky



Block 12

Framed Stem Stitch

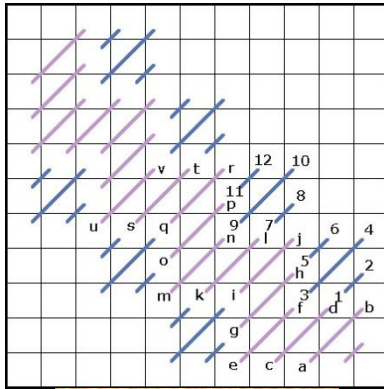
Vineyard Silk C-062 Fern
Vineyard Silk C-006 Tomato



Block 13

Diagonal Hungarian Ground Stitch

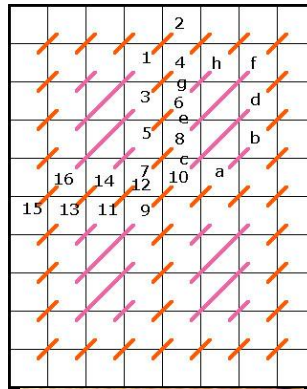
Vineyard Silk C-087 Brilliant
Vineyard Silk C-097 Lavender



Block 14

Framed Cashmere Stitch

Vineyard Silk C-174 Hot Pink
Vineyard Silk C-026 Nectarine



**Lettering
Background**

Vineyard Silk C-088 Limoges
Vineyard Silk C-109 Bright White

Block	Stitch	Thread Color
1	Slanted Gobelin Stitch	Vineyard Silk C-006 Tomato Vineyard Silk C-Crème Brulee
2	T Stitch Stitch	Vineyard Silk C-085 Sky Vineyard Silk C-173 Veil
3	Byzantine Stitch	Vineyard Silk C-098 Deep Wisteria Vineyard Silk C-197 English Ivy
4	Mosaic Stripe Stitch	Vineyard Silk C-026 Nectarine Vineyard Silk C-077 Aruba
5	Milanese Stitch	Vineyard Silk C-087 Brilliant Vineyard Silk C-024 Dandelion
6	Nobuko Stitch	Vineyard Silk C-062 Fern Vineyard Silk C-174 Hot Pink
7	Framed Scotch Stitch	Vineyard Silk C-097 Lavender Vineyard Silk C-078 Seafoam
8	Diagonal Scotch Stitch	Vineyard Silk C-024 Dandelion Vineyard Silk C-098 Deep Wisteria
9	Framed Mosaic Stitch	Vineyard Silk C-173 Veil Vineyard Silk C-077 Aruba
10	Diagonal Stripe Stitch	Vineyard Silk C-163Crème Brulee Vineyard Silk C-197 English Ivy
11	Jacquard Stitch	Vineyard Silk C-078 Seafoam Vineyard Silk C-085 Sky
12	Framed Stem Stitch	Vineyard Silk C-062 Fern Vineyard Silk C-006 Tomato
13	Diagonal Hungarian Ground Stitch	Vineyard Silk C-087 Brilliant Vineyard Silk C-097 Lavender
14	Framed Cashmere Stitch	Vineyard Silk C-174 Hot Pink Vineyard Silk C-026 Nectarine
	Lettering	Vineyard Silk C-088 Limoges
	Background	Vineyard Silk C-109 Bright White