

## 10C10 Beach Girls 4 Stitch Guide

10" x 8" #10 mesh canvas



Canvas Area	Thread	Strands	Stitch
Sky	127, Watercolours, Crystal Bay	full, 3 ply	Basketweave
Clouds	000, EdMar Boucle , White	2	Basketweave
Cloud Dots	32, Silk & Ivory, True Blue	2	French Knot
Dark Blue Water	10, Silk & Ivory, Classic Navy mixed with 018, Kreinik Metallics	2 2	T-Stitch
Light Blue Water	17, Silk & Ivory, Blue Chip mixed with 1432, Kreinik Metallics	2 2	T-Stitch
Sun Hat	433, DMC 3 Cotton Perle, mixed with C-040, Vineyard Silk, Cashmere	2 2	Brick Filling
Hat Bow	N12 & N15 Neon Rays	2	Basketweave
Beach Chair	C-078, Vineyard Silk, Seafoam	2	Gobelin
Beach Chair	C-077, Vineyard Silk, Aruba	2	Basketweave
Beach Towel	320, Patternayan Persian Wool, White	full, 3 ply	Cashmere
Beach Towel	71, Silk & Ivory, Bubble Gum	2	Scotch
Beach Towel	73, Silk & Ivory, Pink Cow	2	French Knot
Sand	172, Watercolours, Almond mixed with C-044, Vineyard Silk, Biscotti	full, 3 ply 2	Nobuko

I'm hoping to break the myth of Patternayan Persian Wool only for #10 Canvas. I choose many different types of threads and stitches to work on Beach Girls 4 # 10 canvas, utilizing threads and stitches usually reserved for smaller mesh canvas. Whenever you stitch multiple decorative stitches a frame should be used. This keeps the needlepoint canvas taut and the threads don't get all bunched up. The canvas also retains its squared up shape.

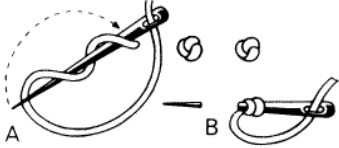
<b>Sky</b>	127, Watercolours, Crystal Bay	full, 3 ply	Basketweave
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The trick with Watercolours is to pull the middle strand and reverse the direction when you rebundle it. This is supposed to help with the stripy effect that happens with overdyed threads.

<b>Clouds</b>	000, EdMar Boucle , White	2 Strands	Basketweave
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The trick with boucle is to stitch it loose on the front of the canvas and tight on the back of the canvas. Boucle has a mind of its own and will twist and puff. I love this look for the clouds.

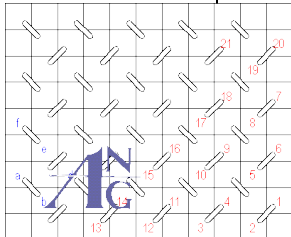
<b>Cloud Dots</b>	32, Silk & Ivory, True Blue	2 Strands	French Knot
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The diagram shows two steps, A and B. Step A shows a needle with thread forming a loop on the surface. Step B shows the needle being inserted into the loop from the back, pulling the thread through to create a knot on the surface.

Bring the thread out at the required position, hold the thread down where it emerges with the left thumb and encircle the thread twice with the needle (see A). Still holding the thread firmly with your thumb, twist the needle back to the starting point and insert it close to where the thread first emerged (not in the exact place or it will simply pull back through). Pull the needle through to the back, leaving a small knot on the surface, as shown, or pass on to the position of the next stitch as at B.

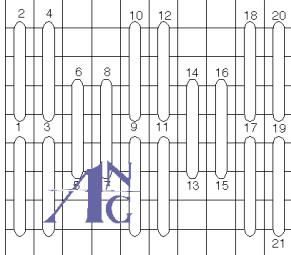
<b>Dark Blue Water</b>	10, Silk & Ivory, Classic Navy mixed with 018, Kreinik Metallics	2 Strands	T-Stitch
<b>Light Blue Water</b>	17, Silk & Ivory, Blue Chip mixed with 1432 Kreinik Metallics	2 Strands	T-Stitch



This stitch is best worked in diagonal rows of running stitch. Work all the rows in one direction (red numbers on chart) first, then those in the opposite direction (blue letters).

I modified the stitch by filling in the skipped canvas with Kreinik Metallics.

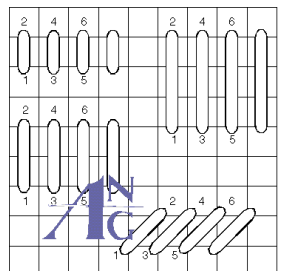
<b>Sun Hat</b>	433, DMC 3 Cotton Perle, mixed with Vineyard Silk C-040, Cashmere	2 Strands	Brick Filling
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This is an upright staggered needlepoint stitch worked over four threads.

I used a contrasting thread, Vineyard Silk C-040, Cashmere (double strand), for the short stitches at the points where the pair of stitches meet.

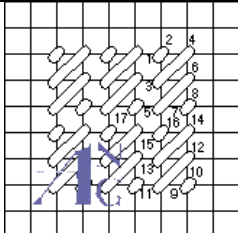
<b>Hat Bow</b>	N12 & N15 Neon Rays	2 Strands	Basketweave
<b>Beach Chair</b>	C-078, Vineyard Silk, Seafoam	2 Strands	Gobelin



It was worked diagonally over 4, canvas threads. Use this stitch for small areas where you want a smoother texture than Basketweave. It is also a great stitch for borders. Be sure to lay the threads to obtain an even finish.

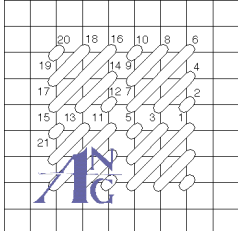
<b>Beach Chair</b>	C-077, Vineyard Silk, Aruba	2 Strands	Basketweave
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<b>Beach Towel</b>	320, Patternayan Persian Wool, White	full, 3 ply	Cashmere
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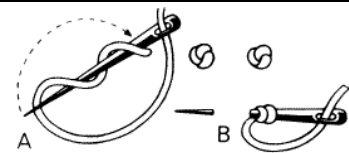
The Cashmere stitch is an elongated Mosaic Stitch. It was worked vertically.

<b>Beach Towel</b>	71, Silk & Ivory, Bubble Gum	2 Strands	Scotch
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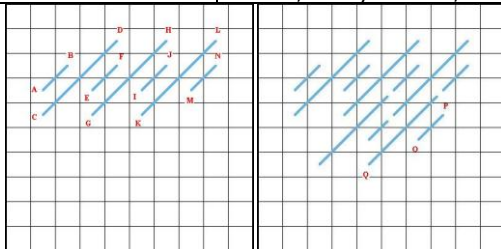
It was worked in squares of 3.

<b>Beach Towel</b>	73, Silk & Ivory, Pink Cow	2 Strands	French Knot
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Bring the thread out at the required position, hold the thread down where it emerges with the left thumb and encircle the thread twice with the needle (see A). Still holding the thread firmly with your thumb, twist the needle back to the starting point and insert it close to where the thread first emerged (not in the exact place or it will simply pull back through). Pull the needle through to the back, leaving a small knot on the surface, as shown, or pass on to the position of the next stitch as at B.

<b>Sand</b>	Watercolours, Almond mixed with C-044, Vineyard Silk, Biscotti	full, 3 ply 2	Nobuko
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I modified this stitch by working all the short stitches in the Vineyard Silk, the long stitches in Watercolours. I recommend working all the short stitches first, then filling in with the long stitches.

Thank you to the following resources:

Ruth Dilts book Needlepoint 101 - <http://www.ruthdiltsdesign.com/guide.html>

American Needlepoint Guild, Inc. - <http://www.needlepoint.org/Stitch.php>

Stitchopedia - <http://www.stitchopedia.com/index.html>